



# B.E.S. Institute of Pharmacy

Velshet-Nagothane, Tal. Roha, Dist. Raigad. 402106

<b>Name of Activity</b>	<b>Yoga day</b>	Date: 10/09/2023
<b>Report</b>	B.E.S. Institute of Pharmacy arranged a <b>Yoga day</b> on the occasion of international yoga day on date 09/09/2022. Almost 60 students and all staff of campus are gathered for yoga day. Students were participated enthusiastically. It's very beneficial for physical and mental relaxation and keeps holistic and spiritual health also good. Successfully done the yoga day program.	
<b>Photo</b>	# Students were performing yoga.	
		

